## **Babysitter Safety**

If you have been given the responsibility of being a babysitter, these are a few things you need to know!

- - Always know how you can reach the child's parents or guardian.
- - Know the emergency phone number for fire, police and EMS.
- - Determine if the child has any medical problems and make sure you have instructions if you have any problems.
- - Always lock the door.
- - Become familiar with the house, learn where the exits are and how to operate the locks if you need to leave the house because of a fire or other emergency.
- - Never allow a stranger in the house.
- - Don't leave the child in the house alone.
- - If you have permission to take the child somewhere, make sure the parents or guardians know how to contact you.
- - Check for any items around the house the child could get into that could cause an accident.
- - Have phone number of neighbors or friends to call for help if you need it.
- - Ask about any specials rules the child must follow and what they can and cannot eat.
- - If there is a fire, follow these instructions:
- o Notify everyone there is a fire.
- o Close the door to the room if there is one.
- o Don't try to put out the fire.
- o Have everyone leave the house and don't go back in.
- o Keep the child or children together and go to a neighbor's house.
- o Call the fire department.